OXYMEL IN MEDIEVAL PERSIA.

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Oxymel, a medicinal drink or syrup compounded of vinegar and honey is a formulation used solely or as a base for medicinal dosage forms from ancient times to current era. Simple oxymel was used for its own therapeutic effects, as a modifier of other medicines' unwanted effects and as an adjuvant substance to reinforce the effects of other medicines in medieval Persia. About 1200 various types of oxymel were also described and related their considerations and contraindications are presented in Medieval Persian pharmaceutical manuscripts. In this article six common oxymel formulas are explained in details. Medieval Persian practitioners also denoted that oxymel is originated from ancient Persia. It can be show the continuity of this formulation between ancient time and current era and also its development as a traditional dosage form during the history.